



Social Security  
Scotland

Tèarainteachd Shòisealta Alba

# Adult Disability Payment

## What is Adult Disability Payment?

It is money to help people with the extra costs that often come from being disabled, having a long-term health condition or a terminal illness. It replaces Personal Independence Payment for people in Scotland, previously delivered by the Department for Work and Pensions.

## Who can get Adult Disability Payment?

People can apply for Adult Disability Payment if they:

- are 16 or over and have a disability or long term health condition, or are terminally ill
- have not yet reached State Pension age

Adult Disability Payment is not means-tested. It does not matter if the disabled person is working or has savings.

## What do we need from people when they apply?

To make a decision on an application, we need to understand how someone's condition or disability affects their life. We ask people to provide this information in the application form.

We also need 1 piece of supporting information from a professional. This should broadly confirm their disability, conditions or needs. This can be a diagnosis if the person has one, but they do not need a diagnosis to apply. Examples of supporting information include social care plans, prescription lists and referral letters from professionals such as support workers, doctors and physiotherapists.

People can still apply without supporting information. We can collect it on their behalf if they ask us to, but it may take longer to process their application.

## How are the payment rates calculated?

Adult Disability Payment is made up of two parts: daily living and mobility. People may qualify for one or both parts.

The Daily Living part has 2 payment rates:

- standard - a weekly rate of £72.65
- enhanced - a weekly rate of £108.55

The Mobility part has 2 payment rates:

- standard - weekly rate of £28.70
- enhanced - weekly rate of £75.75

People who get the enhanced rate of the mobility component can use some or all of it to lease a new car, scooter or powered wheelchair through the Accessible Vehicles and Equipment Scheme.

## How will people be paid?

The first payment will usually be calculated from the date the first part of the online application was submitted. Or, from the date the person phoned Social Security Scotland to start the application process, if they applied by phone and paper form.

Adult Disability Payment is paid every 4 weeks in arrears. It will be paid into the account given as part of the application.

## Is the payment available to people who are terminally ill?

Yes. There is a separate fast-track application process for people who are terminally ill. A person with a terminal illness will be entitled to the highest rate of the daily living and mobility component, regardless of the period of time for which they have had a terminal illness.

If the person is terminally ill, Adult Disability Payment will be paid weekly in advance.

## What if someone already gets Personal Independence Payment or Disability Living Allowance?

If someone already gets these benefits, they do not need to apply. Their awards will be transferred automatically to Adult Disability Payment with no break in entitlement.

They will get a letter with more details before this happens.

## How can they apply?

People can find out more and apply online at [mygov.scot/adulthooddisability](https://mygov.scot/adulthooddisability). People can also apply in person, over the phone or ask for a paper application form by post by calling us free on **0800 182 2222**.

## Do they need support from an advocate?

VoiceAbility independent advocacy service supports disabled people when applying for Social Security Scotland benefits. Contact VoiceAbility for free on **0300 303 1660** or by visiting [www.voiceability.org](https://www.voiceability.org).



There are many people worrying about the cost of living. You are not alone. To learn what help you might be entitled to, please visit [gov.scot/costoflivingsupport](https://gov.scot/costoflivingsupport). Or visit your local Citizens Advice Bureau.

## How can people contact us?



Call us free on: 0800 182 2222



Text Relay Service: 18001 +0300 244 4000 (for the hard of hearing)



British Sign Language users: [contactscotland-bsl.org](https://contactscotland-bsl.org)



Webchat: [chat.socialsecurity.gov.scot](https://chat.socialsecurity.gov.scot)

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