



SMOKE-FREE POLICY

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SMOKE-FREE POLICY

Introduction

Calvay HA recognises, as an employer, it has a duty under the Smoking, Health and Social Care (Scotland) Act 2005, the Health and Safety at Work Act 1974 and Workplace (Health, Safety and Welfare) Regulations 1992, to ensure, so far as is reasonably practicable, that its working environment for all employees is healthy and safe. This policy was originally introduced as Calvay HA's response to the Smoking, Health and Social Care (Scotland) Act 2005 as well as its duty of care for the health and welfare of all employees and customers. It has been recognised that passive smoking can cause diseases therefore preventing it can save lives.

Background

10 million adults smoke in the UK. In Scotland, 23% of all adults aged 16 and over were current smokers in 2011. The prevalence of smoking is highest in the 25-34 year old age group (30%) and lowest in the over 75's age group (8%).

Smoking is one of the main principal avoidable causes of premature deaths. It causes 100,000 deaths in the UK, and of these over 13,000 deaths in Scotland, out of which over 1,000 can be attributed to passive smoking. The Scientific Committee on Tobacco and Health's review on evidence of passive smoking showed it to be a serious public hazard, increasing the risk of lung cancer, heart disease and respiratory illness and causing a variety of conditions in children. It also concluded that good ventilation systems, whilst eliminating the smell and visibility of smoke, do not eliminate the toxic carcinogens.

Legal Framework

Smoking, Health and Social Care (Scotland) Act 2005

The Smoking, Health and Social Care (Scotland) Bill was introduced to Parliament on 17th December 2004 and approved by MSPs on 30th June 2005. It received Royal Assent on 5th August 2005 and came into force in Scotland on 26th March 2006. The law imposes a total ban of smoking and affects most public premises and also includes workplaces and work vehicles.

The Act also makes non-compliance a criminal offence and imposes fines of £50 for individuals and £200 for managers/owners who allow smoking within their premises and/or fail to display warning notices and/or fail to stop employees, customers and visitors from smoking. Refusal or failure to pay may result in prosecution and a fine of up to £2,500. The law is enforced by the Environmental Health Officers who can inspect any non-smoking premises unannounced and impose fines on individuals and employers. All enclosed and partially enclosed public premises are covered by the law (Appendix A) with a few exemptions (Appendix B). There are however no legal obligations placed on employers to provide smoking facilities in any premises excluded from the Act.

Health and Safety at Work Act 1974

The act imposes a general duty on employers to ensure health, safety and welfare at work for their employees or workers. As a result, employers must resolve complaints from their employees or workers about their health and welfare being put at risk from working in a smoky environment.

Health and Safety (Workplace) Regulations 1992

The regulations require employers to ensure that there are arrangements in place to protect non-smokers from discomfort caused by tobacco smoke in rest areas.

Policy Principles

This Smoke-Free Policy:

- Has been produced in response to Calvay HA's duty under the Smoking, Health and Social Care (Scotland) Act 2005 in force from 26th March 2006.
- Guarantees all employees, workers, contractors, customers, visitors, staff from other agencies, governing body members and members of the public, air free of tobacco smoke within all premises of Calvay HA.
- Prohibits smoking throughout the working premises.
- Withdraws completely the provisions of smoking rooms.
- Details how Calvay HA will deal with non-observance of smoking restrictions in relation to workers, customers, visitors and contractors.
- Offers a voluntary support for employees who smoke in their cessation effort and discusses the prevalence of smoking cessation aids such as electronic cigarettes.

Policy Conditions

As a result of the Smoking, Health and Social Care (Scotland) Act 2005, Calvay HA imposes a total ban of smoking in all its premises in any common or work areas, including vehicles owned, leased or hired by the organisation. Private cars used to transport colleagues, clients or visitors in relation to business are also covered by this policy. Anyone who wishes to smoke must do so in the designated outdoor smoking area stipulated by Calvay HA, or in any place that is not covered by the smoking ban.

Passive smoking exposure outwith the organisation's premises

As per Calvay HA's Health and Safety Control Manual, section 3.11: "Where employees are exposed to passive smoke outwith company premises or vehicles while on company business, they will be entitled to request a smoke-free environment in which to continue their business. Where no such environment is available, the employee will be entitled to cease work within the area. In such circumstances, the employee will report such situation to their Line Manager without delay, who will take the appropriate action".

Implementation

- The person responsible for ensuring compliance with the policy is the Corporate Services Manager employed by Calvay HA
- The main policy provisions will be clearly displayed at the entrance to Calvay HA's premises (Appendix C)
- The No Smoking signs will be clearly displayed in Calvay HA's premises including company cars (Appendix D).
- Calvay HA has no smoking area or ashtrays within their premises.
- Non-compliance with Calvay HA's Smoke-Free Policy will be dealt with by following procedures outlined below. Calvay HA also wishes to stress that the non-compliance with the smoking law is a criminal offence as per the Smoking, Health and Social Care (Scotland) Act 2005 and that fines and prosecution may be applied to individuals and employers by the Environmental Health Officers.
- Calvay HA will not hold tobacco-related investments, or accept sponsorship or donations from tobacco companies.
- Smoking will only be allowed in designated areas. Smoking outwith these areas will be regarded as a breach of this policy.
- Any questions, comments or concerns regarding the Smoke Free Policy should be raised with the Corporate Services Manager – Calvay HA. Breaches of the policy should be reported to your line manager.

Non-compliance

All employees, workers, contractors, customers, visitors, staff from other agencies, governing body or committee members and members of the public are informed that Calvay HA operates a Smoke-Free Policy in all its premises, developed to ensure a safe working environment. The displayed No Smoking signs are designed to inform and remind everyone of this. Whilst it is Calvay HA's belief that most people will respect the policy, we have put in place procedures to deal with non-compliance. Any person not complying with the ban commits an offence towards the organisation as well as the law. It is therefore our intention to enforce this policy and impose sanctions on people that choose not to comply with it.

The Smoke-Free Policy applies to all employees and workers across the organisation. It is the responsibility of employees and workers to adhere to this policy. Line managers are responsible for enforcing the policy and will be trained on implementation issues. Any acts of non-compliance with this policy will be dealt with in accordance with Calvay HA's Disciplinary Procedures. For employees, a refusal to comply with a Smoking Ban will be treated as misconduct or gross misconduct, dependent on the coverage of the Smoking Ban in external workplace areas, and the presence of any flammable materials present inside or outside the premises. Breaches of the Smoke-Free Policy with reference to health and safety procedures or legislative provisions will attract the appropriate level of discipline up to and including dismissal. This measure is to ensure the provision of a safe working environment as well as compliance with the law.

Any contractor, customer, visitor, staff from other agencies or other members of the public who refuses to comply with the provisions of the Smoke-Free policy will be asked to leave the premises immediately. Further refusal will result in the withdrawal of contracts with individual contractors, as well as informing their employers of their non-compliance, the potential withdrawal of services to our customers and barring visitors or members of the public from our premises. Persistent refusal will trigger an application of our normal procedure for dealing with antisocial behaviour. Governing body or committee members who refuse to refrain from smoking in accordance with the Smoke-Free Policy will be dealt with in accordance with their Code of Conduct.

Cessation Support

Calway HA recognises that passive smoking adversely affects the health of all employees. However, it does recognise that the Smoke-Free Policy can affect smokers' working lives.

In an effort to help employees adjust to the changes, they will be supported through:

- Being encouraged to seek advice on modifying their smoking behaviour or quitting smoking.
- Supplies of self-help information will be made available on request.
- Periodic campaigns will be undertaken to encourage smokers to stop and to publicise the support available.
- External sources of support include:
 - Quit Your Way Scotland , which is available by calling 0800 848484. Alternatively, you can contact them via their website <https://www.nhsinform.scot/care-support-and-rights/nhs-services/helplines/quit-your-way-scotland/>
 - You can also contact the NHS <https://www.nhs.uk/better-health/quit-smoking/> or the smokefree helpline on 0300 123 1044 to receive your 'quit kit' or find your local NHS stop smoking service. Your GP and local pharmacies can also offer assistance and advice with smoking cessation.

Use of Electronic Cigarettes

Electronic cigarettes are being widely used to aid smoking cessation as well as by those who have never smoked tobacco. Electronic cigarettes release varying amounts of nicotine in a warm water mist, which simulates the flavour of a real cigarette. Electronic cigarettes are not covered under the Smoking, Health and Social Care (Scotland) Act 2005 as they were not in existence when the legislation was introduced.

Calway HA understands that there is still research to be completed on the safety and effectiveness of electronic cigarettes as a smoking cessation tool. Our employees should therefore use electronic cigarettes during rest breaks in designated smoking areas. We do not deem it appropriate to use electronic cigarettes on Calway HA's premises, as they could cause annoyance to colleagues and be perceived as 'real' cigarettes if used in areas where there is contact with customers, along with colleagues, visitors and contractors. We would ask that all those that the policy applies to respect this application of the rules and do not expect any breaches of the rules to take place.

Policy Review

This policy will be reviewed every 5 years, or sooner if required.

APPENDIX A

‘NO-SMOKING PREMISES’ (as listed in Schedule 1 to the Regulations)

Those premises which fall within the scope of the legislation, having been classed as ‘no-smoking premises’, are:

1. Restaurants.
2. Bars and public houses.
3. Shops and shopping centres.
4. Hotels.
5. Libraries, archives, museums and galleries.
6. Cinemas, concert halls, theatres, bingo halls, gaming and amusement arcades, casinos, dance halls, discotheques and other premises used for the entertainment of members of the public.
7. Premises used as a broadcasting studio or film studio or for the recording of a performance with a view to its use in a programme service or in a film intended for public exhibition.
8. Halls or any other premises used for the assembly of the public for social or recreational purposes.
9. Conference centres, public halls and exhibition halls.
10. Public toilets.
11. Club premises.
12. Offices, factories and other premises that are non-domestic premises in which one or more persons work.
13. Offshore installations.
14. Educational institution premises.
15. Premises providing care home services, sheltered housing or secure accommodation services and premises that are non-domestic premises which provide offender accommodation services.
16. Hospitals, hospices, psychiatric hospitals, psychiatric units and health care premises.
17. Crèches, day nurseries, day centres and other premises used for the day care of children and adults.
18. Premises used for, or in connection with, public worship or religious instruction, or the social or recreational activities of a religious body.
19. Sports centres.
20. Airport passenger terminals and any other public transportation premises.
21. Public transportation vehicles.
22. Vehicles which one or more persons use for work.
23. Public telephone kiosks.

APPENDIX B

EXEMPTIONS (as listed in Schedule 2 to the Regulations)

Those premises (or part of premises) which are exempt from the legislation are:

1. Residential accommodation.
2. Designated rooms in adult care homes.
3. Adult hospices.
4. Designated rooms in psychiatric hospitals and psychiatric units.
5. Designated hotel bedrooms.
6. Detention or interview rooms which are designated rooms.
7. Designated rooms in offshore installations.
8. Private vehicles.

APPENDIX C

Calvay HA's Smoke-Free Policy

Purpose

This policy has been developed to protect all employees, service users, customers and visitors from exposure to second-hand smoke and to assist compliance with the Smoking, Health and Social Care (Scotland) Act 2005.

Exposure to second-hand smoke, also known as passive smoking, increases the risk of lung cancer, heart disease and other illnesses. Ventilation or separating smokers and non-smokers within the same airspace does not completely stop potentially dangerous exposure.

Policy

It is the policy of **Calvay HA** that all our workplaces are smoke-free, and all employees have a right to work in a smoke-free environment. The policy came into effect on 26th March 2006.

Smoking is prohibited throughout the entire workplace with no exceptions. This includes company vehicles. This policy applies to all employees, workers, contractors, customers, visitors, staff from other agencies, governing body or committee members or members of the public.

Employees, workers, customers, contractors visitors and governing body or committee members are allowed to smoke in Calvay HA's designated smoking area – the concrete steps on the opposite side of the road to the Calvay Centre's entrance

Implementation

Overall responsibility for policy implementation and review rests with the Corporate Services Manager – Calvay HA. All staff are obliged to adhere to, and facilitate the implementation of the policy.

The person named above shall inform all existing employees, consultants and contractors of the policy and their role in the implementation and monitoring of the policy. They'll also have to give all new personnel a copy of the policy on recruitment/induction.

Appropriate 'No Smoking' signs will be clearly displayed at the entrances to and within the premises.

Non-compliance

Disciplinary procedures shall be followed if an employee does not comply with this policy. The procedures set out in the full version of the Smoke-Free Policy shall be followed if a contractor, customer, visitor, staff from other agencies, board or committee members or members of the public do not comply. Those who do not comply with the smoking law are also liable to a fixed penalty fine and possible criminal prosecution.

Help to stop smoking

Support for smokers who want to stop will be provided support as outlined in the full version of the Smoke-Free Policy. Sources of support include:

- Quit Your Way Scotland , which is available by calling 0800 848484. Alternatively, you can contact them via their website <https://www.nhsinform.scot/care-support-and-rights/nhs-services/helplines/quit-your-way-scotland/>
- You can also contact the NHS <https://www.nhs.uk/better-health/quit-smoking/> or the smokefree helpline on 0300 123 1044 to receive your 'quit kit' or find your local NHS stop smoking service. Your GP and local pharmacies can also offer assistance and advice with smoking cessation.

APPENDIX D

Key Design Elements sign for Compliance:

- International No Smoking Symbol: A lit cigarette within a red circle and diagonal bar, with a minimum diameter of 70mm.
- Text: The sign should include the words:
 - "No smoking. It is against the law to smoke in these premises."
 - The phrase "these premises" can be customized to reflect the specific location, such as "this café" or "this vehicle".
- Size: Minimum A5 (210mm x 148mm) to ensure visibility.
- Placement: Displayed at every entrance to smoke-free premises and within vehicles used for work or public transport.

Example sign (similar are available commercially)